



# Heart Soul Life

## 2025 ANNUAL PERFORMANCE INFO

Mid-Maryland Performing Arts Center   mmpac.com   301-694-5105

**Where:** Weinberg Center for the Arts  
20 West Patrick Street, Frederick, MD  
301-600-2828: Box Office  
[www.weinbergcenter.org](http://www.weinbergcenter.org)

**When:**     **MANDATORY DRESS REHEARSALS**  
Show A: Tuesday, May 13<sup>th</sup>, 2025  
Show B: Wednesday, May 14<sup>th</sup>, 2025  
Show C: Thursday, May 15<sup>th</sup>, 2025

**PERFORMANCES**  
Show A: Saturday, May 17<sup>th</sup>, 2025 @ 2:00pm  
Show B: Saturday, May 17<sup>th</sup>, 2025 @ 7:00pm  
Show C: Sunday, May 18<sup>st</sup>, 2025 @ 2:00pm

**Tickets:** Sales will begin on April 5th at 10am in person at the Weinberg Center for the Arts located at 20 West Patrick Street and online at [www.weinbergcenter.org](http://www.weinbergcenter.org). There will be a limit of 12 tickets per person.

**Prices:** BOX OFFICE: \$20.00 ea. (purchase 'in person' at Weinberg Center Box Office)  
ONLINE:     \$20.00 ea. + \$3.25 per ticket + \$5.00 processing fee per transaction.  
PHONE:     \$20.00 ea. + \$5.00 processing fee per transaction.  
\*Save online fees by going directly to the box office!

**Recording Fee:** Studio-wide fee of \$35 for professional recording. All families will receive a link to all three productions.

# PRODUCTION VOLUNTEERS

**Our Dress rehearsals and Annual Performance would not be possible without the continual support of volunteers! We are so thankful for everyone who steps up to make production week run smoothly and successfully.**

We are in need of volunteers for the following:

## **Dress Rehearsals**

**Tuesday, May 13th, Wednesday, May 14th, and Thursday, May 15th.**

Time: 3:45/4:00 pm – End of Rehearsal\*

*\*Some positions have two different shifts available*

Examples of Positions: Lobby, Dancer Check-In, and Backstage Support

## **Annual Performances**

**Show A:** Saturday, May 17th at 2:00 and **Show C:** Sunday, May 18th at 2:00

Time: 1:00 pm – End of Show

**Show B:** Saturday, May 18th at 7:00

Time: 6:00 pm – End of Show

Examples of Positions: Dancer Check In and Backstage Support

**Sign-ups will be available on the bulletin boards at both studio locations and the front desk!**

*The Volunteer Coordinator will contact you with your assigned position and provide all the information you need to complete your role. We appreciate you stepping up to make our Annual Performance a success!*

# 2025 MMPAC Photo Order Form

office use only

Class Name \_\_\_\_\_ Student Name \_\_\_\_\_  
 Teacher/Day \_\_\_\_\_ Name of Dance \_\_\_\_\_  
 Parents Name & e-mail \_\_\_\_\_

PLEASE FILL OUT 1 FORM FOR EACH CLASS YOUR CHILD IS ENROLLED IN

## Digital Files - Class Photo & Individual Poses (high res jpgs) \$ 40

You own the photo files. **MULTIPLE INDIVIDUAL POSES AND THE CLASS PICTURE.** The files are compressed jpg files and you can use them as you wish: screensavers, print them yourself, email them to relatives or send them out to be printed. Files will be emailed via a dropbox link.

## Prints Only

### PACKAGE A

1 - 5X7 Class photo, 2 - 5X7 individual photos, \$40 X \_\_\_\_\_ \$ \_\_\_\_\_

### PACKAGE B

1 - 5X7 Class photo, 2 - 5X7 individual photos, \$52 X \_\_\_\_\_ \$ \_\_\_\_\_  
 16 - 2.5X3.5 Wallets

### PACKAGE C

1 - 5X7 Class photo, 4 - 3X5 individual photo, 16 - 2.5X3.5 Wallets, \$64 X \_\_\_\_\_ \$ \_\_\_\_\_  
 2 - 5X7 individual photos 1 - 8X10 individual

Class Photo 1 - 5X7 Class photo \$18 X \_\_\_\_\_ \$ \_\_\_\_\_

Wallets 8 - 2.5X3.5 Wallets \$18 X \_\_\_\_\_ \$ \_\_\_\_\_

Magnets 2 magnets - 3 inch Round or 4X5 image (circle choice) \$22 X \_\_\_\_\_ \$ \_\_\_\_\_

**TOTAL DUE \$ \_\_\_\_\_**

(sales tax is already included)

**PLEASE CIRCLE FORM OF PAYMENT**

Card on File • Cash • CC Swipe • Check # \_\_\_\_\_

**Payable to MMPAC • 1 check for all order forms**

# 2025 PICTURE SCHEDULE

SMILE! Group photos and individual portraits will be taken at the Frederick Studio from April 25 - April 26. There will be no dance classes on these days.

- Arrive 10 minutes prior to your assigned time, in full costume, and with hair and makeup ready.
- Please use a separate 'picture order form' for each class. Photo Orders due date: 04/12/2025. Drop off completed MMPAC Photo Order forms in the appropriate folder on the studios' main bulletin board.
- Students: Remember, NO UNDERWEAR, NAIL POLISH, JEWELRY OR TEMPORARY TATTOOS.
- Check in at the table upon arrival. For Safety purposes, only authorized personnel are allowed in the studio where photos are being taken.
- Please do not park in the complex thoroughfare, or you will be asked to move your vehicle. Be gracious to our business neighbors who allow us to overflow into their parking spaces.
- Remember to check the letter after the class name when searching for picture times as there are multiple classes with the same name. N = New Market Studio F= Frederick Studio

Example:

Predance 101/102.N - This is a New Market Class.

Predance 101/102.F - This is a Frederick Class.

# Friday, April 25th, 2025

Time	Class	Title	Day Time
4:45pm	PreDance 103.F	This Will Be	Thu 4:45
5:00pm	PreDance 103.N	I Could Have Danced All Night	Wed 4:30
5:15pm	Combo 103.N	Strong	Wed 5:15
5:30pm	Ballet 220.N	High On A Hill	Thu 5:30
5:40pm	Combo 103/104.F	Jailhouse Rock	Thu 4:45
5:50pm	Jazz 320.N	Stepping Out	Thu 6:30
6:00pm	Combo 104.N	It's Party Time	Thu 4:30
6:15pm	Ballet 210.N	Little Ladies Of Williamsburg	Tues 4:30
6:30pm	Ballet 220.F	Tiffany's	Thu 4:45
6:40pm	Jazz 310.N	Make My Dreams	Tues 5:15
6:50pm	HH & Jazz 325/330.F	Danger Zone	Thu 5:45
7:00pm	Modern 510.N	Who Am I	Mon 4:30
7:15pm	Modern 520/530.N	Goo Goo Muck	Mon 6:00
7:30pm	Intro to Hip Hop	Let It Roll	Mon 5:15
7:40pm	Jazz 325/330.N	Boogie Fever	Mon 7:00
7:50pm	Staff Photos	-	-

# Saturday, April 26th, 2025

Time	Class	Title	Day Time
11:30am	Winter PreDance	TBD	Sat 9:00
11:45am	PreDance 101.N	When You Wish Upon A Star	Sat 9:00
12:00pm	PreDance 102.N	Life Can Be A Dream	Sat 9:45
12:15pm	Ballet 230/235.N	Wildest Dreams	Tues 6:00
12:30pm	PreDance 103.N	Perfectly Marvelous	Sat 10:30
12:45pm	Hip Hop II.N	Stand Up, Stand Out	Tues 7:00
1:00pm	PreDance 101/102.F	Sprinkle Party	Sat 9:15
1:10pm	PreDance 101/102.N	Lovely Day	Thu 1:30
1:20pm	Modern 535/545.F	Tomahawk	Thus 7:30
1:30pm	Ballet 265.FC	Toot Suite	Wed 4:45
1:40pm	Ballet 275.FC	Mazurka Berserka	Wed 4:45
1:50pm	Jazz 335/345.F	As We Ran	Wed 4:45
2:00pm	Pointe I	Arabian Nights	Tues 6:00
2:15pm	Pointe II	Fan Dance Fandango	Tues 6:00
2:30pm	Ballet 245/250.FC	River Flows In You	Tues 6:45
2:40pm	Hip Hop IV.F	Bout To Lose It	Tues 7:00
2:50pm	Hip Hop III.F	Pass It	Tues 5:45
3:00pm	Jazz 365/375.F	Out Of The Shadows	Wed 6:15
3:15pm	Ballet 290.N	Masquerade	Wed 6:15
3:25pm	Tap II/III.F	Sing A Song	Thu 5:30
3:30pm	Jazz 390/395.N	Black Cat	Wed 7:15
3:40pm	Tap I.F	Think	Sat 9:00
3:50pm	Modern 565/575.F	Tiger Rhythm	Sat 10:00
4:00	Cont/Lyrical IIA/III.F	Bloom	Sat 10:00
4:10	Cont/Lyrical IV.F	Remember Us This Way	Thu 6:30
4:20	FX Production	TBD	

# Dress Rehearsal Procedures

**Please read carefully**

## Dress rehearsal schedules

- See pages 8-10 and highlight the numbers in which your dancer will perform.

## Costume Policies

- Performers should be in their first costume, WITH HAIR AND MAKEUP DONE, UPON ARRIVAL.
- Performers should arrive and depart in a cover-up to remain as professional as possible.
  - Dad's button-down shirts work great! PLEASE LABEL THEM WITH PERFORMER'S NAME
- NO UNDERWEAR, JEWELRY, OR FINGER NAIL POLISH/TOE POLISH during rehearsals or performances.
- Please label ALL costumes and accessories, including shoes, tights, and cover-ups. These items will be checked in with your child if they are in more than one number in a performance half.
- Performers must not walk around in costume except while backstage.
- Carry ALL dance shoes in a dance bag. DO NOT WEAR YOUR DANCE SHOES ON THE STREET.

## Arrival and Check-In

- All performers and accompanying adults must report to the BACKSTAGE ENTRANCE TO CHECK IN.
  - This area is located in the middle of the alley that connects Court Street and Market Street, behind the Weinberg Center. When parking in the West Patrick Street Parking Deck (at 138 West Patrick St.), walk to first level, and turn left at the parking deck payment kiosk nearest the alley. Walk left again, and you will see the back of the Weinberg Center, and the check-in table.
- If you park on the street, remember that the meters are active until 5:00 p.m. If you park on the deck, hourly fees are in effect. Be sure to validate your ticket at one of the garage kiosk payment machines in order to exit.

## Dress Rehearsal and Theater Policies

- Parents must enter through the front lobby doors of the Weinberg after dropping performers off. PARENTS ARE NOT ALLOWED IN THE DRESSING ROOMS.
- The house must remain QUIET during rehearsal.
- Non-Flash photography and video recording devices are allowed during the Dress Rehearsals. (NO photography or videography of any kind is allowed during the performance)
- NO EATING, DRINKING, OR SMOKING IN THE THEATER. All food and drink must remain in the lobby.
- Please read the Weinberg Center Rules posted on the MMPAC bulletin board in the Weinberg Center lobby, and also at MMPAC.com.

## Dismissal

- No tap shoes are allowed in the lobby (They will damage the tile floor.)
- Students will be dismissed into the house, from the door on the left side of the stage, after they dance.
- If students have multiple dance numbers, they may return to the dressing rooms as needed via the same door.
  - Note: This only happens at Dress Rehearsal

# SHOW A DRESS REHEARSAL

## Tuesday, May 13, 2025

<b>Rehearsal Block 4:30 – 5:00 PM</b>				
<b>Arrive</b>				
4:15	Heart Soul Life	M&MMPAC Production	-	KP
<b>Rehearsal Block 5:00– 5:30 PM</b>				
<b>Arrive</b>				
4:45	Bout To Lose It	Hip Hop IV.F	Tues 7:00	RP
4:45	Sprinkle Party	PreDance 101/102.F	Sat 9:15	OP
4:45	As We Ran	Jazz 335/345.F	Wed 4:45	OP
4:45	Perfectly Marvelous	PreDance 103.N	Sat 10:30	NP
<b>Rehearsal Block 5:30 – 6:00 PM</b>				
<b>pArrive</b>				
5:15	Sing A Song	Tap II/III.F	Thu 5:30	KJ
5:15	Tiffany's	Ballet 220/225.F	Thu 4:45	OP
5:15	Tomahawk	Modern 535/545.F	Thu 7:30	KJ
5:15	Strong	Combo 103.N	Wed 5:15	NP
<b>Rehearsal Block 6:00 – 6:30 PM</b>				
<b>Arrive</b>				
5:45	Fan Dance Fandango	Pointe II.F	Tues 6:00	CD
5:45	It's Party Time	Combo 104.N	Thu 4:30	KP
5:45	When You Wish Upon A Star	PreDance 101.N	Sat 9:00	NP
5:45	River Flows In You	Ballet 245/250.FC	Tues 6:45	KJ
<b>Rehearsal Block 6:30 – 7:00 PM</b>				
<b>Arrive</b>				
6:15	Always Remember Us This Way	Cont & Lyrical IV.F	Thu 6:30	IK
6:15	Danger Zone	Hip Hop I.F & Jazz 325/335.F	Thu 5:45	NP
6:15	I Could Have Danced All Night	PreDance 103.N	Wed 4:30	NP
6:15	FX Production	FX	-	-

*You may leave after your final rehearsal.*



## SHOW B DRESS REHEARSAL

### Wednesday, May 14, 2025

#### Rehearsal Block 4:30 – 5:00 PM

**Arrive**

4:15	Love Runs Out	FX Senior	-	-
4:15	Bloom	Cont & Lyrical IIA/III.F	Sat 10:00	IK
4:15	Let It Roll	Intro to Hip Hop	Mon 5:15	NP

#### Rehearsal Block 5:00 - 5:30 PM

**Arrive**

4:45	Out Of The Shadows	Jazz 365/375.F	Wed 6:15	OP
4:45	Little Ladies Of Williamsburg	Ballet 210.N	Tues 4:30	OP
4:45	Think	Tap I - Teen/Adult	Sat 9:00	KJ
4:45	Black Cat	Jazz 390/395.N	Wed 7:15	NP

#### Rehearsal Block 5:30 - 6:00 PM

**Arrive**

5:15	Mazurka Berserka	Ballet 275.FC	Wed 4:45	CD
5:15	I Just Wanna Rock	Hip Hop - Adult	Mon 8:30	RP
5:15	Who Am I	Modern 510.N	Mon 4:30	NP

#### Rehearsal Block 6:00 - 6:30 PM

**Arrive**

5:45	Keep Em Coming	FX	-	-
5:45	Sing A Song	Tap II/III.F	Thu 5:30	KJ
5:45	Make My Dreams	Jazz 310.N	Tues 5:15	OP

#### Rehearsal Block 6:30 - 7:00 PM

**Arrive**

6:15	Goo Goo Muck	Modern 520/530.N	Mon 6:00	NP
6:15	Toot Suite	Ballet 265.FC	Wed 4:45	EA
6:15	Senior Production	Seniors	-	-

***You may leave after your final rehearsal.***

# SHOW C DRESS REHEARSAL

## Thursday, May 15, 2025

### Rehearsal Block 4:30 – 5:00 PM

**Arrive**

4:15	Heart Soul Life	M&MMPAC Production	-	KP
4:15	Almost There	FX	-	-

### Rehearsal Block 5:00 – 5:30 PM

**Arrive**

4:45	Wildest Dreams	Ballet 230/235.N	Tues 6:00	OP
4:45	Pass It	Hip Hop III.F	Tues 5:45	RP
4:45	Winter PreDance	Winter PreDance	Sat 9:00	MK
4:45	Stepping Out	Jazz 320.N	Thu 6:30	KP

### Rehearsal Block 5:30 – 6:00 PM

**Arrive**

5:15	Arabian Nights	Pointe IA.F	Tues 6:00	KJ
5:15	Brother	FX	-	-
5:15	This Will Be	PreDance 103.F	Thu 4:45	KJ
5:15	Masquerade	Ballet 290.N	Wed 6:15	KP
5:15	Tiger Rhythm	Modern 565/575.F	Sat 10:00	KJ

### Rehearsal Block 6:00 – 6:30 PM

**Arrive**

5:45	Boogie Fever	Jazz 325/330.N	Mon 7:00	NP
5:45	Life Can Be A Dream	PreDance 102.N	Sat 9:45	NP
5:45	High On A Hill	Ballet 220.N	Thu 5:30	KP
5:45	Think	Tap I - Teen/Adult	Sat 9:00	KJ

### Rehearsal Block 6:30 – 7:00 PM

**Arrive**

6:15	Jailhouse Rock	Combo 103/104.F	Thu 4:45	NP
6:15	Lovely Day	PreDance 101/102.N	Thu 1:30	NP
6:15	Stand Up, Stand Out	Hip Hop II.N	Tues 7:00	OP
6:15	Dancing Through Life	FX	-	-

***You may leave after your final rehearsal.***

# Performance Day Reminders

**Please read carefully**

## **For Dancers:**

- Dancers and accompanying adult check-in at the Backstage Door 30 MINUTES PRIOR TO SHOWTIME.
- Dancers level 10 and above will be dismissed at the Backstage Door at the end of the show
- Predance and Combo will be dismissed into the house, from the door on the left or right side of the stage
- REMEMBER: All students must be ready in first costume, with hair and makeup already done upon arrival. Students must be professional at all times, arriving and departing in a cover-up. Students are to walk around in costume only when backstage.
- If student has a change of costume, please make sure garment bag, costumes and all accessories are labeled with their name, to assist backstage helpers. Please do not send additional items. We cannot be responsible for losses.
- NO JEWELRY, NO GUM, NO UNDERWEAR, NO NAIL OR TOENAIL POLISH, AND NO TEMPORARY TATTOOS!
- No food or drink in the dressing area, except water bottles.
- No photos are to be taken with phones while backstage and in dressing rooms.

## **For Parents & Audience Members:**

- No video recording or photography of any kind, during the performances.
- NO EATING, DRINKING, OR SMOKING IN THE THEATER. All food and drink must remain in the lobby.
- No tap shoes are allowed in the lobby (They will damage the tile floor.) Carry all dance shoes in a bag, and do not wear them on the street.
- If you park on the street, remember that the meters are active until 5:00 p.m. If you park in the deck, hourly fees are in effect. Be sure to validate your ticket at one of the garage kiosk payment machines in order to exit.
- Please read the Weinberg Center Rules posted on the MMPAC bulletin board, in the Weinberg Center lobby, and also at MMPAC.com.

# SHOW A Performance Order

**Saturday, May 17, 2025 @ 2:00**

1	Heart Soul Life	M&MMPAC Production	-	KP
2	Bout To Lose It	Hip Hop IV.F	Tues 7:00	RP
3	Sprinkle Party	PreDance 101/102.F	Sat 9:15	OP
4	As We Ran	Jazz 335/345.F	Wed 4:45	OP
5	Perfectly Marvelous	PreDance 103.N	Sat 10:30	NP
6	Sing A Song	Tap II/III.F	Thu 5:30	KJ
7	Tiffany's	Ballet 220/225.F	Thu 4:45	OP
8	Tomahawk	Modern 535/545.F	Thu 7:30	KJ
9	Strong	Combo 103.N	Wed 5:15	NP
10	Fan Dance Fandango	Pointe II.F	Tues 6:00	CD
11	It's Party Time	Combo 104.N	Thu 4:30	KP
12	When You Wish Upon A Star	PreDance 101.N	Sat 9:00	NP
13	River Flows In You	Ballet 245/250.FC	Tues 6:45	KJ
14	Always Remember Us This Way	Cont & Lyrical IV.F	Thu 6:30	IK
15	Danger Zone	Hip Hop I.F & Jazz 325/335.F	Thu 5:45	NP
16	I Could Have Danced All Night	PreDance 103.N	Wed 4:30	NP
17	FX Production	FX	-	-

**\*Check in at the back of the theater by 1:30pm.**

# SHOW B Performance Order

## Saturday, May 17, 2025 @ 7:00

1	Love Runs Out	FX	-	-
2	Bloom	Cont & Lyrical IIA/III.F	Sat 10:00	IK
3	Let It Roll	Intro to Hip Hop	Mon 5:15	NP
4	Out Of The Shadows	Jazz 365/375.F	Wed 6:15	OP
5	Little Ladies Of Williamsburg	Ballet 210.N	Tues 4:30	OP
6	Think	Tap I - Teen/Adult	Sat 9:00	KJ
7	Black Cat	Jazz 390/395.N	Wed 7:15	NP
8	Mazurka Berserka	Ballet 275.FC	Wed 4:45	CD
9	I Just Wanna Rock	Hip Hop - Adult	Mon 8:30	RP
10	Who Am I	Modern 510.N	Non 4:30	NP
11	Keep Em Coming	FX	-	-
12	Sing A Song	Tap II/III.F	Thu 5:30	KJ
13	Make My Dreams	Jazz 310.N	Tues 5:15	OP
14	Goo Goo Muck	Modern 520/530.N	Mon 6:00	NP
15	Toot Suite	Ballet 265.FC	Wed 4:45	EA
16	Senior Production	Seniors	-	-

**\*Check in at the back of the theater by 6:30pm.**

# SHOW C Performance Order

**Sunday, May 18, 2025 @ 2:00**

1	Heart Soul Life	M&MMPAC Production	-	KP
2	Almost There	FX	-	-
3	Wildest Dreams	Ballet 230/235.N	Tues 6:00	OP
4	Pass It	Hip Hop III.F	Tues 5:45	RP
5	Winter PreDance	Winter PreDance	Sat 9:00	MK
6	Stepping Out	JAzz 320.N	Thu 6:30	KP
7	Arabian Nights	Pointe IA.F	Tues 6:00	KJ
8	Brother	FX	-	-
9	This Will Be	PreDance 103.F	Thu 4:45	KJ
10	Masquerade	Ballet 290.N	Wed 6:15	KP
11	Tiger Rhythm	Modern 565/575.F	Sat 10:00	KJ
12	Boogie Fever	Jazz 325/330.N	Mon 7:00	NP
13	Life Can Be A Dream	PreDance 102.N	Sat 9:45	NP
14	High On A Hill	Ballet 220.N	Thu 5:30	KP
15	Think	Tap I - Teen/Adult	Sat 9:00	KJ
16	Jailhouse Rock	Combo 103/104.F	Thu 4:45	NP
17	Lovely Day	PreDance 101/102.N	Thu 1:30	NP
18	Stand Up, Stand Out	Hip Hop II.N	Tues 7:00	OP
19	Dancing Through Life	FX	-	-

**\*Check in at the back of the theater by 1:30pm.**



# Heart Soul Life

## MMPAC Performance

### T-Shirts!

**ORDERS DUE: Saturday, April 12<sup>th</sup>**

#### Youth Sizes:

Crew neck      XS \_\_\_\_\_      S \_\_\_\_\_      M \_\_\_\_\_      L \_\_\_\_\_  
                          (4-6)                    (8)                    (10-12)                    (14-16)

Total YOUTH T-shirts \_\_\_\_\_ X \$28 = \$ \_\_\_\_\_

#### Mens/Ladies Sizes:

Crew neck      S \_\_\_\_\_      M \_\_\_\_\_      L \_\_\_\_\_      XL \_\_\_\_\_      XXL \_\_\_\_\_  
 V neck      S \_\_\_\_\_      M \_\_\_\_\_      L \_\_\_\_\_      XL \_\_\_\_\_      XXL \_\_\_\_\_

Total ADULT T-shirts \_\_\_\_\_ X \$28 = \$ \_\_\_\_\_

T-shirt Total: \$ \_\_\_\_\_

Family (Last) Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Grand Total: \$ \_\_\_\_\_

**CK # \_\_\_\_\_ / CASH / CREDIT CARD ON FILE (Circle selection)**

- Write "T-Shirt" in memo section of check, payable to MMPAC. VISA / MC accepted. Orders must be received to the studio by Saturday, April 12th 2025. Place your completed order form in the envelope labeled "T-shirt Orders" located at each studio. T-shirts must be pre-ordered.

**\*\*The back of the shirt will have all the dancers' names. Check the sheet at the front desk of either studio to make sure your name is spelled correctly.**